

Top of the Hill

June
2026

==== Bridgewater Council on Aging ====



Cole-Yeaton Senior Center
10 Wally Krueger Way
Bridgewater, MA 02324
508-697-0929
www.bridgewaterma.org

OUR MISSION

The mission of the Bridgewater Council on Aging is to promote the emotional, physical and economic well being of older adults and to encourage their participation in all aspects of community life.

Director's Letter



Welcome, Katie!

Hello, My name is Katie Morrill. I am joining the COA as the new Executive assistant. I live in East Bridgewater with my husband and three young adult children. I have several years of administrative experience and I am looking forward to working with all of you.



As we welcome the month of June, we also welcome the return of beautiful weather, longer days, and plenty of opportunities to enjoy the outdoors. I encourage everyone to take a little time each morning to step outside, enjoy the sunshine, and appreciate the fresh air. Even a short walk or a quiet moment outdoors can make a big difference in how we feel throughout the day. As the temperatures rise, please remember to stay hydrated—the heat can sneak up on us, so be sure to drink plenty of water and take breaks in the shade or indoors when needed.

We are also happy to introduce and welcome a new member to our team. Please join us in welcoming Katie, our new Executive Assistant. She is already becoming a wonderful addition to the Senior Center, and we invite everyone to stop by, say hello, and help her feel at home in our community.

June is a great month to reconnect, stay active, and enjoy all that our center and community have to offer. Wishing a very Happy Father's Day to all the dads, grandfathers, uncles, and wonderful men in our lives who guide, support, and inspire those around them. We celebrate and appreciate you today and always. We look forward to seeing you soon.

Courtney Riley ~ Director

Town Manager Meeting

June 10th – 12:30pm

The Town Manager will be in attendance to share updates regarding the FY27 budget, town projects, and upcoming initiatives. This is a great opportunity to stay informed, ask questions, and connect with the Town Manager in an open dialogue regarding the community. Sign-Ups are required for this meeting.

Welcome to "Courtney's Corner"

Here I'll share tidbits and fun facts every month.



Flag Day

That 50-star design is the 27th official version of the U.S. flag. The stripes have stayed at 13 since 1818 to honor the original colonies.

Juneteenth is celebrated each year on June 19 to honor the end of slavery in the United States. The holiday marks June 19, 1865, when Union soldiers arrived in Galveston, Texas, and announced that enslaved African Americans were free — more than two years after the Emancipation Proclamation was issued.

Juneteenth became a day of celebration, remembrance, and community gatherings. In 2021, it was officially recognized as a federal holiday.

Outreach Notes

In honor of Pride Month, I would like to share some history. On June 28th, police raided the Stonewall Inn which was a popular gay bar in Greenwich Village, New York City. The bar was owned by the Mob who took advantage of but also offered a place of refuge for the LGBTQ community.

The police were met with resistance and retaliation as patrons, staff, and members of the surrounding community fought to preserve their right to their safe space and their right to be who they were.

1 year later, the first Pride Week and Pride Parade took place at that location. It was organized by Brenda Howard and other activists in New York. Thousands attended and the parade stretched 15 city blocks at its longest!! That was the beginning and although we have come far, there's still a ways to go.

The Symbol(s) of LGBTQ Pride

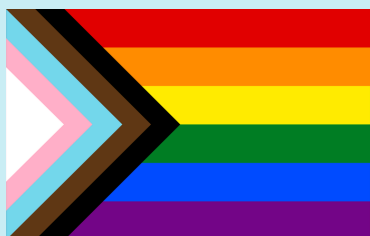
Ten years after the Stonewall Riots, Gilbert Baker designed the first symbol of the LGBTQ community. In its original design, the flag had 8 colored stripes and Baker assigned a meaning to each color (pink-sex; red-life; orange-healing; yellow-the sun; green-nature; turquoise-art and magic; blue-serenity; purple-the spirit). The flag made its iconic debut in 1978 at San Francisco's Gay Freedom Day Parade. The flag later dropped the pink and turquoise colored stripes due to cost and display considerations. It became the 6 color design that we recognize today. Over the years, many different flags have been designed to symbolize the many subcommunities of the LGBTQ+ community.



Pride
Flag



Lesbian
Flag



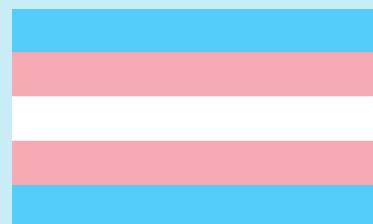
Pride Progress
Flag



Intersex-
Inclusive
Progress Flag



Asexual
Flag



Transgender
Flag

Here at the Bridgewater Cole Yeaton Senior Center, we recognize the struggle for equality and continued movement towards equity in all aspects of life for our LGBTQ+ community.

Happy Pride Month!!!

Wellness



Elder Abuse Awareness Month



June is recognized as Elder Abuse Awareness Month, with June 15 observed as World Elder Abuse Awareness Day. This month reminds us of the importance of protecting the dignity, safety, and well-being of older adults in our communities.

Elder abuse can take many forms, including physical, emotional, financial, or sexual abuse, as well as neglect. According to the National Center on Elder Abuse, about 1 in 10 adults over age 60 experience some form of abuse each year, although many cases go unreported.

Staying socially connected is one of the best ways to help prevent elder abuse. Checking in on neighbors, friends, and loved ones can make a meaningful difference. If you suspect abuse or neglect, speak up and contact local Adult Protective Services or law enforcement.

Together, we can help create a safer, more respectful community for older adults.

Sources: National Center on Elder Abuse | CDC: Abuse of Older Persons | U.S. Department of Justice Elder Justice Initiative



Coffee & Conversation: Planning Ahead!

June 3rd at 1:00pm

A Gift for Your Family- Learn how planning ahead brings peace of mind. Discuss the benefits of pre-arrangements, starting the conversation with loved ones and documenting your wishes. Coffee and light refreshments provided. Facilitators: Bill Chapman & John Blute, Funeral Directors, Chapman Funerals & Cremation.



TRIAD: AMERICAN RED CROSS- Get to know us before you need us

Tuesday, June 16, 1:00pm

The American Red Cross is committed to helping every community prepare for, prevent, and respond to emergencies. They offer a wide variety of services and education. Come and find out about what they can do for YOU if you ever find yourself in an unexpected emergency!!



Duxbury COA Pride Event

Thursday, June 18th, 3pm

Celebrate PRIDE with the Duxbury COA -- Disco-style. Wear your fun disco outfits and dance, mingle and have a ball with DJ Dee!. The Center is partnering with Duxbury Free Library, OCES, Plymouth Center for Active Living, Bridgewater Cole-Yeaton Senior Center, and the Marshfield Council on Aging to make this a fun party! Bring a friend, break out your disco clothes, and let's have fun celebrating Pride! Thursday, June 18 3:00 PM to 5:00



Dementia Friends

June 24th at 10:30am

Do you know someone who repeats themselves or has trouble remembering? Kathy Hayes, Outreach Coordinator from the Bridgewater Cole-Yeaton Senior Center, is here to teach you what dementia is, what it's not, and actions you can take to support people living with dementia in your community.

Special Programs

Alice's Cafe Announcement

We have **adjusted our day & time** for our Memory cafe! To make it easier for more people to join us, our cafe will now be held on **Monday's**. Our **social hour will now begin at 12:30pm**. The **program will now begin at 1pm**. We hope this shift helps you take part, and we look forward to seeing you there! Please stay tuned for new and upcoming programs for all!

If you have any questions or concerns regarding our Memory Cafe, please contact

Courtney Riley at 508-697-0929 or criley@bridgewaterma.org

Abigail Takes You from Revolution to Declaration!

June 2nd at 2:00pm - Sign-Ups begin May 11th

What does it mean to be truly Free? How does the American Revolution motivate our nation's greatest leaders to create a profound Declaration of Independence? Join Abigail as she personally takes you from Revolution to Declaration! Discover the brilliance,bravery, and battles our founding fathers, young men, and women endured. Learn how in the course of human events, Americans achieved our inalienable rights and liberties.

Lunch Trip with Scott

Tuesday, June 9th, 11am

Join Scott as he takes you to Grill 58! All participants must call to sign-up by June 5th. \$3 transportation fee.

Bingo with Nick & Sass!

Wednesday, June 10th, 10:30AM

Bingo is free to play and requires registration. Bistro lunch is \$5PP and requires registration by May 5th.

Town Manager Meet-Up

Wednesday, June 10th, 12:30PM

The Town Manager will be in attendance to share updates regarding the FY27 budget, town projects, and upcoming initiatives. This is a great opportunity to stay informed, ask questions, and connect with the Town Manager in an open dialogue regarding the community. SIGN-UPS REQUIRED!

Juneteenth Celebration

Thursday, June 11th, 12:30pm

Back by popular demand, Raymond Ajemian will present a program on historic African American figures who made significant contributions prior to the Civil Rights Movement. Come learn about the heroic individuals who helped shape history and made a lasting impact on culture.

Father's Day Cookout

Wednesday, June 17th, 11:30am

Don't miss out on a great time to celebrate all of our amazing father figures! Burger Bar, entertainment by Dave Andrews and fun. Cost is \$5pp and RSVP's must be received by June 12th.

SAVE THE DATE: Independence Day

Wednesday, July 1st, 11:30am

Join us as we celebrate Independence Day and 250th Anniversary of the United States. Enjoy friends, fun, food, and entertainment by Jimbo Wilson & the Creekside Band. Cost is \$5pp and RSVP's must be received by June 25th. BRIDGEWATER RESIDENTS PRIORITY!

SAVE THE DATE: Beyond the Stone - Quincy Memorials Group

Tuesday, July 21st, 11:30am

Join us for a workshop with Quincy Memorials Group on designing meaningful monuments that tell a life story. Learn the key details families often overlook during the funeral process and how proactive memorial planning can bring peace of mind for the future. Sign-Ups Required.

Alice's Memory Café

RSVPs are mandatory. Spaces are limited.

12:30PM Coffee/Tea, 1:00PM Program

Drumming Circle

Monday, June 1st

Drum Circles are fun, hands-on rhythm-sharing activities for all ages. No previous drumming experience is necessary.. Using a variety of hand drums and percussion instruments, participants share the joy and the rhythm of drumming, discovering how easy it is to perform in-the-moment creative music.

Brain Builders

Monday, June 15th

Designed to keep minds active and engaged through fun, challenging activities that boost memory, sharpen thinking skills, and support lifelong learning.

What is a memory café?

A memory café is a welcoming place for people with forgetfulness or other changes in their thinking and for their family and friends to gather. Memory cafés meet at a variety of places including coffeehouses, museums, or senior centers. Our program is filled with arts, music, crafts, pet therapy, and good old fashioned fun. It is for anyone who is interested in forgetting about limitations and instead focusing on strengths, enjoying the company of others, and to explore something new.

Caregivers and all area seniors are always welcome!

We are proud that this program is grant funded through the Old Colony Planning Council Area Agency on Aging through Title III of the Older Americans Act and through private donations.



Caregiver Support Group

Every 2nd and last Thursday, 10AM

This drop-in group helps caregivers find information, advice, and emotional well-being. The group supports those providing care for a spouse, parent, or other older adult loved one.

If you have any questions or concerns, please contact

Kathy Hayes at 508-697-0929 or

khayes@bridgewaterma.org

JUNE 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 8am Walking Group (contact for info)
8:45am CANCELLED
Arthritis Exercise
10am Blood Pressure Checks
10am Senior Painters
10am Hand, Knee, Foot
10am Stretch and Strengthen
11:30am Lunch
12:30pm Alice's Café
DRUMMING CIRCLES

2 **Ask-An-Atty**
9am Zumba with Heather
10am Stretch and Strengthen
11:30am 1:1 Tech with Leslie
1pm Abigail Takes You from Revolution to Declaration
1pm Tai Chi

3 Market Basket Van Trip
8:45am CANCELLED
Arthritis Exercise
9am Line Dancing
10am Crafters
11:30am Bistro
1pm Coffee and Convo - Planning Ahead
1pm Watercolor Wednesday
1pm 1:1 Tech Support with Haresh

4 10am Chair Yoga
12pm LGBTQ+ Luncheon
12:30pm Cribbage
1pm Art for All

5 Market Basket Van Trip
9am Mah Jong
9am Line Dancing
10am Crafters

8 8am Walking Group (contact for info)
8:45am CANCELLED
Arthritis Exercise
10am Senior Painters
10am Hand, Knee, Foot
10am Stretch and Strengthen
11:30am Lunch
1pm Writing Group

9 9am Zumba with Heather
10am Stretch and Strengthen
11:30am 1:1 Tech with Leslie
11am Lunch with Scott
1pm Tai Chi

10 Market Basket Van Trip
8:45am Arthritis Exercise
9am Line Dancing
10am Crafters
10:30am BINGO
11:30am Bistro
12:30pm Town Manager Discussion
1pm Watercolor Wednesday
1pm 1:1 Tech Support with Haresh

11 8:30am Men's Breakfast
10am Caregiver Support
10am Chair Yoga
11:30am Lunch
12:30pm Juneteenth Celebration
12:30pm Cribbage
1pm Art for All

12 Market Basket Van Trip
9am Mah Jong
9am Line Dancing
10am Crafters

15 8am Walking Group (contact for info)
8:45am Arthritis Exercise
10am Senior Painters
10am Hand, Knee, Foot
10am Stretch and Strengthen
11:30am Lunch
12:30pm Alice's Café:
Brain Builders

16 9am Zumba with Heather
10am Stretch and Strengthen
11:30am 1:1 Tech with Leslie
1pm TRIAD
1pm Tai Chi

17 Walmart Van Trip (HALIFAX)
HAPPY FATHER'S Day
Doors Open - 11AM
all other programs cancelled
limited spots available- call to sign up!

18 10am Chair Yoga
12:30pm Cribbage
1pm Art for All
2pm United Senior Advisors

19 CENTER CLOSED
JUNE TEENTH

22 8am Walking Group
8:45am CANCELLED
Arthritis Exercise
10am Senior Painters
10am Hand, Knee, Foot
10am Stretch and Strengthen
11:30am Lunch

23 9am Zumba with Heather
10am Stretch and Strengthen
11:30am 1:1 Tech with Leslie
1pm Tai Chi

24 Market Basket Van Trip
8:45am Arthritis Exercise
9am Line Dancing
10am Crafters
10:30am Dementia Friends
11:30am Birthday Bistro
1pm Watercolor Wednesday
1pm 1:1 Tech Support with Haresh

25 10am Caregiver Support
10am Chair Yoga
11:30am Lunch
12:30pm Cribbage
1pm Art for All

26 Market Basket Van Trip
9am Mah Jong
9am Line Dancing
10am Crafters
10am Writing Group

29 8am Walking Group
8:45am CANCELLED
Arthritis Exercise
10am Senior Painters
10am Hand, Knee, Foot
10am Stretch and Strengthen
11:30am Lunch

30 9am Zumba with Heather
10am Stretch and Strengthen
11:30am 1:1 Tech with Leslie
1pm Tai Chi

Save the Date

Join us as we celebrate Independence Day and 250th Anniversary of the United States. Enjoy friends, fun, food, and entertainment by Jimbo Wilson & the Creekside Band. Cost is \$5pp and RSVP's must be received by June 25th. BRIDGEWATER RESIDENTS PRIORITY!

Beyond the Stone - Quincy Memorials Group
Tuesday, July 21st, 11:30am

Join us for a workshop with Quincy Memorials Group on designing meaningful monuments that tell a life story. Learn the key details families often overlook during the funeral process and how proactive memorial planning can bring peace of mind for the future. Sign-Ups Required.

JUNE 2026

CAFE MENU

Monday

Dine-In
Only

1 Swiss Cheese
Omelet w/Peppers
& Onions
Home Fries
Snack Loaf
Yogurt
Orange Juice

8 Hot Dog w/Bun
Baked Beans
Zucchini Squash
Cinnamon Bites
Cookies

15 BBQ Chicken
Mashed Yams
Vegetables
Bread
Chocolate Cookie

22 Chicken, Broccoli,
Ziti Casserole
Vegetables
Wheat Bread
Hot Caramel Apples

29 Chicken Tikka
Masala
Brown Rice
Green Beans
Wheat Bread
Mandarin Oranges

Tuesday

Boxed
Lunch*
*Dine-In or
Pick-Up*

2 Meatball Sub
Potato Salad
Pretzels
Orange Juice

9 Roast Beef & Swiss
on Kaiser Roll
Pasta Salad
Carrot Sticks
w/Ranch
Fruit Cup
Juice

16 Ham & Cheese Wrap
Potato Salad
Cheeze-its
Fruit Cup
Juice

23 Turkey & Cheese
on Kaiser Roll
Gold Fish
Chocolate Chip Cookie
Juice

30 Roast Beef & Swiss
on Kaiser Roll
Pasta Salad
Carrot Sticks w/Ranch
Fruit Cup
Juice

Wednesday

Bistro Meal
(also available for
pickup Thursday)

3 Chicken Parm
Veggies
Bread
Dessert

10 Italian
Sandwiches
Potato Salad
Dessert

17 
**FATHER'S
DAY
EVENT**
Burger Bar

24 Chicken Stir Fry
-over rice-
Bread
Dessert

Thursday

Boxed
Lunch*
*Dine-In or
Pick-Up*

4 Italian Chicken Salad
on Foccacia Bread
Pasta Salad
Carrots Sticks
w/Ranch Pretzels
Apple

11 Egg Salad on Croissant
Celery Sticks w/Ranch
Broccoli Salad
Chips
Sugar Cookie
Juice

18 Seafood Salad on a Roll
Potato Salad
Chips
Pound Cake
Juice

25 Tuna Roll
Carrot Sticks w/Ranch
Broccoli Salad
Chips
Lorna Doones
Juice

*All lunches require sign up one week in
advance.*

**Boxed lunches subject to change based
on
product availability.*

Arts and Education

Celebrating Freedom.
HONORING HERITAGE. APPRECIATING FAMILY.

TOGETHER, WE HONOR OUR PAST.
INSPIRE OUR FUTURE.



PRIDE | JUNETEENTH | FLAG DAY | FATHER'S DAY ♥ STRONGER TOGETHER.

Writing Workshops

June 8th at 1pm
June 26th at 10am

Would you like to join a small group that enjoys writing about memories of past and present events and people that have had an impact on our lives?

Senior Painters

Mondays, 10am

Our longest running group is thriving! You will make a new friend or two by joining. Bring your own supplies.

Watercolor Wednesdays

Each Wednesday at 1PM

Our love of watercolor painting comes out in this relaxing and supportive social group.

Dress-a-Girl Around the World

A very special dressmaking program for the world's children. Call us here at the Bridgewater Senior Center for the schedule.

Art for All

Thursdays at 1pm - Check calendar or call for schedule

Local artist and instructor Laurie Halls teaches us how to draw portraits, still life, and animals. \$5/class

UPDATE:

Our Art for All Class is growing, so we're moving to a monthly sign-up system to help manage space and ensure fairness.

- Sign up once per month to reserve your spot for that month's session.
- Registration opens the last Monday of each month for the following month.
- Walk-ins only if space is available. Please call day of if interested.

We appreciate your cooperation in helping us keep the class enjoyable for all!

Questions? Call us or stop by the office!

Games

Hand, Knee, Foot - Mondays at 10AM

Mah Jong - Fridays at 9AM

Whist - every 2nd and 4th Saturday at 6PM

Tech Support Education

Looking for personalized support with your Smart phone or laptop device? Feel free to drop-in and learn from the experts:

Leslie on Tuesdays 11:30AM

Haresh on Wednesdays at 1PM

Make sure you check out our calendar to see their schedule!

Technology is important for older adults because it helps them stay connected with family and friends through video calls, social media, and messaging apps, reducing loneliness and isolation. It also improves their safety and independence with tools like medical alert systems, smart home devices, and online access to healthcare services.



Fitness Classes & Services

Tai Chi with Lenny

Tuesday, 1pm call to sign up!

Join us for a relaxing and rejuvenating Tai Chi program led by experienced instructor Lenny, owner and operator of South Shore Martial Arts. Tai Chi is a low-impact exercise that focuses on slow, controlled movements, balance, and breathing. It is especially beneficial for improving flexibility, reducing stress, enhancing balance, and promoting overall wellness—making it an ideal activity for older adults of all fitness levels. Come experience the calming benefits of Tai Chi in a supportive and welcoming environment. No prior experience is necessary! \$5/class

NEW

Walking & Hiking with Jean Guarino

Monday, 8AM

Start off your week with the walking and hiking group, led by Jean Guarino. This group program is a great form of exercise because it helps maintain your health, enjoy nature, see great scenery, and enjoy the sunshine. No fee. Interested? Call the Senior Center to find out the schedule.

Stretch & Strengthen

Monday, 10AM with Marybeth, Tuesday 10AM with Kelly

Want to improve your golf swing or work the general stiffness out of your shoulders, back, and hips? A more flexible body means you'll have a greater range of motion in your joints, which makes it easier to move. \$5/class

Arthritis Exercise Class with Wendy

Monday and Wednesday, 8:45AM

This class is a low-impact program that will improve your movement, mobility, muscle strength, and coordination. It is recommended for people with OR without arthritis who are looking to build strength and community. \$5/class

Zumba with Heather

Tuesday, 9AM

Zumba Gold is designed to get you moving to great music. It's like a dance party with your friends that's designed to go at your own pace. \$5/class

Line Dancing with Margaret or Shari

Wednesday & Friday, 9AM

Line dancing is a terrific exercise to have a fun time while supporting the brain, body, and balance. No partner required. \$5/class

Chair Yoga with Kelly

Thursday, 10AM

The benefits of chair yoga includes loosening and stretching painful muscles, reducing chronic pain, decreasing stress, and improving circulation. This class also reduces anxiety, helps lower blood pressure, protects joints, and builds strength and balance all while smiling with a great instructor. \$5/class

TRANSPORTATION

COA Van - Free in-town travel and \$3 roundtrip outside of Bridgewater

Market Basket Shuttle
Wednesday & Friday

Walmart Shuttle
Every 3rd Wednesday

Daily rides to Medical Appointments, the Senior Center, and Errands:

Monday - Medical

Tuesday

Thursday - Medical

ADVANCE RESERVATIONS REQUIRED

Brockton Area Transit (BAT)

Dial-A-BAT services can be booked by calling (508) 584-5530. Free. Call the Senior Center to fill out your forms!

bat

SHINE Counseling

We provide counseling on health insurance plans, covering topics like Medicare, MassHealth, and cost-saving strategies for prescriptions. Medicare Savings Programs can lower Medicare premiums and healthcare costs without asset limits, based solely on income. Individuals 65+ with earned income have only half counted, plus a \$65 disregard. Income limits are \$2,993 for singles and \$4,058 for couples.

Food Assistance Programs for Seniors

If you are a senior aged 60 or older and meet the income eligibility criteria, you can receive shelf-stable foods, fruits, and meats on the second Thursday of every month. For more information, please contact the Senior Center.

Healthy Incentive Programs

The Healthy Incentives Program is a Massachusetts program that puts money back on your EBT card when you use your SNAP benefit to buy healthy local fruits and vegetables from participating vendors. Visit mass.gov OR call (800) 645-8333 to find participating vendors.

Ask-An-Attorney

We work with local Elder Law Attorney Alyssa Asack who provides consultations free of charge once per month. Call our office to schedule an appointment.

Veterans Services

Greg Martin, VSO, offers office hours at the Senior Center.

Please call the Center to check for his schedule! His office is situated at Town Hall, and he can be contacted at 508-697-0908. This service is available for veterans and family members from Bridgewater who require assistance, and no appointment is necessary.

Physician Disclosure Statement

Our fitness classes are a social, energizing, fun and safe way to keeping active. Classes are designed specifically for older adults to tone muscle, increase balance, strengthen your core, relax the mind, and stay social. We invite new Bridgewater Seniors to try their first class at no charge. Please consult your physician before taking a fitness class.

Café



Our Cafe serves lunch Monday through Thursday at 11:30AM.
Lunch Reservations are required the Friday before.

Birthday Celebration!

If your birthday is this month, we want to celebrate with you and your friends! We offer a complimentary lunch every last Wednesday to Bridgewater Seniors during their birthday month. RSVP required the Friday before.

Men's Breakfast

JUNE 11TH at 8:30 a.m.
 Doors Open at 8am
 RSVP by Friday before.
 \$5PP

Boxed Lunches

Tuesdays and Thursdays
 \$2.50 Donation to OCES
 Pick up a sandwich, chips, homemade salad, drink & dessert to enjoy with friends at home or in our cafe.

Advanced notice highly encouraged!

JUNE BISTRO MENU \$5/MEAL

- May 6th: Broccoli Quiche, Roasted Potatoes, Bread, Dessert
- May 13th: Stuffed Shells, Salad, Bread, Dessert
- May 20th: MEMORIAL DAY EVENT! BBQ Chicken Thighs, Potato Salad, Dessert
- May 27th: American Chop Suey, Vegetable, Bread, Dessert

OCES Senior Lunch \$2.50 donation

Monday, Tuesday, and Thursday. See insert for the menu. Must Sign-up 1 week in advance



LGBTQ+ & Allies Luncheon

LGBTQ+ seniors and friends are invited to our monthly lunch with entertainment, held every first Thursday at 12:00 PM. Join us on **June 4th**. Come celebrate the last LGBTQ lunch before summer break with entertainment by Alec Galavotti This engaging program is proudly sponsored by OCES and the COA.
Please call the Center to reserve your seat!



Did You Know?



Welcome!

Did you know? The Bridgewater Senior Center is a safe and welcoming place with something for everyone! And if you don't know someone when you walk in... you probably will within the first 10 minutes!

Event Sign-Ups

Did you know? If an event or program interests you, please call the Center to sign up! Knowing who plans to attend helps us prepare the room and ensure enough interest for presentations and programs. Without sign-ups, a programs may need to be canceled.

Town Budget Adjustments

Did you know? Due to town budget adjustments, the Center staff hours will be reduced by 5 hours per week. Beginning July 1st, the Center's hours will be updated to:

Monday–Thursday: 9:00 AM – 2:00 PM

Friday: 9:00 AM – 11:00 AM

If you have any questions or would like more information, please feel welcome to attend the Town Manager Presentation at the Center on June 10th at 12:30 PM.

Bridgewater

COLE-YEATON
SENIOR CENTER

10 Wally Krueger Way
Bridgewater, MA 02324

The printing of this newsletter is made possible by a grant from the
Massachusetts Executive Office of Aging and Independence.

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Director

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SHINE Counselor

Maddy Jankowski
Community Wellness &
Volunteer Coordinator

Judy Leary
Transportation
Coordinator

Scott Kirkland
Dennis Gauthier
Van Drivers

Donna Heney
OCES Meal Site Manager

Stay Connected

Hours
Monday - Thursday 9AM-3PM
Friday


Website 9AM-12PM
www.bridgewaterma.org

Phone
508-697-0929

Email
seniorcenter@bridgewaterma.org

Social Media

 @BridgewaterCOA

 @bridgewatercouncilonaging

 @Bridgewater, MA
Senior Center

Elder Affairs Commission

Meetings are open to the public at
the Senior Center every 2nd Monday
at 2PM.

Chair
David Frim
Vice Chair
Diane Roza
Treasurer
Gloria Lemieux

Members
Nick Bagas, Doug Dorr,
Marylou Harding, Deb Heckbert,
Robin Sherrick, Shari Sprong

